Energy Action Items

☐ I only use the amount of light necessary and use natural light when possible

☐ I use a power strip and turn it off when not in use
   - Ask your friends or visit a nearby thrift store to find drying racks, power strips, door sweeps, and more!

☐ I keep windows closed if air conditioning/heating is on

☐ Before I leave for breaks, I unplug my appliances and electronics, close my windows, and turn off all lights

☐ I use a drying rack to dry my laundry to save energy when possible
   - Ask your friends or visit a nearby thrift store to find drying racks, power strips, door sweeps, and more!

☐ I have “door sweeps” on all doors leading directly outside
   - Ask your friends or visit a nearby thrift store to find drying racks, power strips, door sweeps, and more!

☐ I don’t have a mini fridge in my room

☐ I set thermostats (or air conditioning) within energy guidelines if possible
   - When in your room -- 68 (heating) -- 76 (cooling)
   - When out for the day -- 60 (heating) -- 85 (cooling)
   - When away on break -- 55 (heating) -- OFF (cooling)

☐ I use the cold water (AKA bright colors) setting on the washing machine

☐ I take the stairs instead of the elevator if possible

☐ During the cold weather, I open the blinds during the day and close the blinds at night

☐ I avoid letting the dryer run for the full time period and pull out clothing as it dries
Further Learning

- Low-Income Home Energy Assistance Program (LIHEAP) government website; see if you're eligible for reduced energy bills!

- Energy, Electricity & the Climate Crisis, Temple Sustainability Blog

- **2020-2021 Sustainability Annual Report** for more information on Temple's emissions (page 7 and pages 36-39)

- **POWERING OUR FUTURE: A CLEAN ENERGY VISION FOR PHILADELPHIA** for an energy and emissions overview of Philadelphia

- Energy Justice Now! (4:23)

- Check out page 36 of the **2020-2021 Sustainability Annual Report** for Temple's progress on its Energy Climate Action Plan goals

- The Invisible Power Struggle with Leah Stokes, Why Is This Happening? with Chris Hayes

- PECO has millions available to help with energy bills, but says few eligible customers are applying for assistance, Philly Voice