



Food & Water Resource Toolkit



Food & Water Action Items

- In the case of a leak, I immediately contact my landlord or relevant University Housing representatives.
- I have a lower-flow shower head or take shorter showers (5 minutes or less).
- I turn off water while applying soap, shampoo, or shaving in the shower.
- I wait until I have a full load of laundry before washing
- I know what my local water utility is and my water source
-The quality of our drinking water is directly linked to the quality of our source water the Delaware and Schuylkill Rivers, Philadelphia Water Department
- I bring a vessel into the shower with me to collect excess water for my house plants.
- If possible, I have a rain barrel or similar vessel to collect rainwater for outdoor plants.
- I bring my own reusable take-out containers when I am out.
- I am vegan, vegetarian, or consume less meat/dairy.
- I use reusable plates, cups, and utensils.
- I seek food establishments that serve local/organic foods.
- I am aware of the free Temple Community Garden farmstand and garden hours (Fridays 3-5) and the Farmer's Market (Thursdays August - October).
-The Food Trust's Farmers Markets, The Food Trust
-Temple Community Garden for:
 - composting your food scraps**
 - volunteering**
 - getting fresh produce**
- I buy foods that have been certified organic or Fair Trade.
- When purchasing food, I only buy food I will use.



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Further Learning



[Philly Water Department on Twitter](#)



[Time for public input on sewer solutions, New Jersey Future](#)



[The Dirt on Factory Farms](#) (4 min video), [Our Climate, Our Future](#)



[Green City Clean Waters](#): making local waterways cleaner and neighborhoods greener. Our projects drastically reduce pollution from stormwater and combined sewer overflows in Philadelphia.



[How to recycle food waste in Philadelphia](#) – A guide, [RTS](#)