Food & Water Action Items

☐ In the case of a leak, I immediately contact my landlord or relevant University Housing representatives.

☐ I have a lower-flow shower head or take shorter showers (5 minutes or less).

☐ I turn off water while applying soap, shampoo, or shaving in the shower.

☐ I wait until I have a full load of laundry before washing.

☐ I know what my local water utility is and my water source
   -The quality of our drinking water is directly linked to the quality of our source water the Delaware and Schuylkill Rivers, Philadelphia Water Department

☐ I bring a vessel into the shower with me to collect excess water for my house plants.

☐ If possible, I have a rain barrel or similar vessel to collect rainwater for outdoor plants.

☐ I bring my own reusable take-out containers when I am out.

☐ I am vegan, vegetarian, or consume less meat/dairy.

☐ I use reusable plates, cups, and utensils.

☐ I seek food establishments that serve local/organic foods.

☐ I am aware of the free Temple Community Garden farmstand and garden hours (Fridays 3-5) and the Farmer’s Market (Thursdays August - October).
   -The Food Trust’s Farmers Markets, The Food Trust
   -Temple Community Garden for:
     -composting your food scraps
     -volunteering
     -getting fresh produce

☐ I buy foods that have been certified organic or Fair Trade.

☐ When purchasing food, I only buy food I will use.
Further Learning

- Philly Water Department on Twitter
- Time for public input on sewer solutions, New Jersey Future
- The Dirt on Factory Farms (4 min video), Our Climate, Our Future
- Green City Clean Waters: making local waterways cleaner and neighborhoods greener. Our projects drastically reduce pollution from stormwater and combined sewer overflows in Philadelphia.
- How to recycle food waste in Philadelphia – A guide, RTS